



Zona Parent Packet



Dates: July 8 – 13, 2012
Speaker: Jared Herd
Music: Benjamin Hunter

Registration Information

Please contact your Youth Pastor for information about registration, costs, and deadlines.

General Information about Zona Camp

Length of Camp

Camp begins with dinner on Sunday and concludes with breakfast on Friday. Registration will begin at 4:00 p.m. on Sunday.

Age Requirement of Campers

Entering seventh grade this fall through newly graduated seniors in high school

Health Forms/Medical Release Forms

Health/Medical Release Forms will be available on our website. Each student and leader must fill out a form. It is MANDATORY that these forms are brought to camp at check-in. No student or leader will be permitted to stay at camp without a completed Health/Medical Release form.

Experience Choices

Zona Camp has four Experiences for students to choose from. Experience schedule will be from after Morning Celebration until mid-afternoon. Below are the Experiences to choose from.



In depth discipleship process helping students define world view as well as an introduction to the importance of Christian apologetics



Meeting the unique needs of those called into ministry and helping groom and develop those that will lead worship in the next generation



The traditional camp experience that Arizona students have come to know and love. High energy, high octane camp experience



For those that are in the process of developing their leadership skills within a missional mindset

General Guidelines

Camp Dress

Since this is a Christian youth camp, we ask all campers/leaders to dress with this in mind.

The following is CBU's Policy:

- ▶ Undergarments are not displayed.
- ▶ Shorts, skirts, and dresses are at a length that will allow the wearer's finger tips to touch the garment when arms and hands are fully extended, while standing.
- ▶ All forms of clothing cover the wearer's midriff and, for females, the chest/bust area as well. The length of garments worn on the upper torso (i.e. shirts, tanks, blouses, sweaters) must cover or be covered by the wearer's waist band while standing.
- ▶ No tube tops or spaghetti straps are allowed.
- ▶ Tank tops may be worn but straps must be two inches wide or wider
- ▶ All forms of clothing cover or rest on or above a wearer's hips.
- ▶ Swim suits – **Females**: swimwear must be a one-piece suit (no tankinis), covering cleavage, bust, and midriff areas; Thong, g-string and high French-cut styles are not acceptable. T-shirts are not to be worn over swimwear. **Males**: swimwear must be boxer style suits with at least a 5 inch inseam & a nylon or mesh liner
- ▶ Bare feet are prohibited in all areas except Aquatic Center.
- ▶ Lewd clothing and clothing which displays alcohol, tobacco products, satanic symbols, and inappropriate language and/or symbols, is not permitted.

Other Policy

Skate boards are only to be used for transportation from one place to another. No tricks of any kind will be permitted. (Boards will be taken away from students doing tricks and not returned until the last night of camp and only returned to the Youth Pastor.)

Camp Discipline

Concerning any discipline problem:

- ▶ The first level of resolution will be between the camper and his/her leader.
- ▶ If the problem is not resolved between camper and leader, the Camp Director will meet with all parties involved.
- ▶ If the problem cannot be resolved, it could result in the camper being sent home early by bus at the church's expense.

Don't Forget to Pack...

- ▶ Health Form/Medical Release filled out and signed for each camper
- ▶ Bible, notebook, pencil
- ▶ Sleeping bag or bed roll and pillow
- ▶ Towels, washcloth, etc.
- ▶ Toiletries: soap, shampoo, toothbrush, etc.
- ▶ Clothes for 6 days – keeping in mind there will be time for worship, games, sports, etc.
- ▶ Close-toed shoes and work clothes for Mission Track
- ▶ Flashlight (There are not many street lights on campus!)
- ▶ A water bottle to use for the week. We need to hydrate!
- ▶ Postcards, stationery, stamps to write home, if desired
- ▶ Swim suits – **see above for guidelines**
- ▶ Towel for pool
- ▶ Extra spending money for Snack Bar
- ▶ COOPERATIVE SPIRIT AND ENTHUSIASM

What will get you sent home to Mom – just leave this stuff at home...

- ▶ Undesirable literature
- ▶ Knives, firearms, ammunition or other weapons (air soft guns or any simulation of a firearm)
- ▶ Food fights
- ▶ Fireworks, explosives and/or highly flammable materials
- ▶ Pets
- ▶ Profanity, abusive or inconsiderate language
- ▶ Excessive noise
- ▶ Controlled substances, alcohol, or tobacco
- ▶ Gambling
- ▶ Water balloons or shaving cream (except for the purpose of shaving)
- ▶ Use of candles, matches, or any type of open flame within buildings.
- ▶ Romance, leave all that at home
- ▶ Roller-skating / roller-blading

Health Form Instructions

Health forms are required for everyone attending Zona Camp. This is required by the Arizona Southern Baptist Convention and California Baptist University.

You will turn in the originals to the nurse at registration. You should keep a set of copies with you in case you need them during times you are not on campus.

Even students whose parents are present need to turn in forms since they will not always be together during this week.

**ZONA CAMP/CALIFORNIA BAPTIST UNIVERSITY
HEALTH FORM**

- Zona Experience Mission Life Experience
 Worship Catalyst Experience Propel My Life Experience

Name of your church _____ City _____

Name _____ M _____ F _____ Birth Date _____ Age _____
Last First Initial

Parent or Guardian _____ Business Telephone _____
Area code/Number

Home Address _____ Home Telephone _____
(Please include City, State, Zip) Area code/Number

In Case of Emergency, Notify: _____ Business Telephone _____
Area code/Number

Home Address _____ Home Telephone _____
(Please include City, State, Zip) Area code/Number

Mother's Cell Phone _____ Father's Cell Phone _____

HEALTH CONDITION: Excellent ____ Good ____ Poor ____

Please list any health or medical information about camper that we should know:

Date of last immunization: _____
DPT or TD Tetanus Polio Measles Rubella Mumps

Please list camper's allergies (food, medication, insects, other):

IMPORTANT: Do you carry medical/hospital insurance? _____
 If so, indicate: _____
Carrier and Policy or Group number

Name of family physician _____ Telephone _____

PLEASE NOTE: The camp insurance is accident only and only to be considered secondary insurance.

OVER-THE-COUNTER MEDICATION PERMIT

Following is a list of over-the-counter medications. Please mark a line through any item you would not want used for your child.

- | | | |
|---------------------------|--|--|
| Acetaminophen (Tylenol) | Milk of Magnesia | Camphophenique |
| Cepastat (throat lozenge) | Sudafed (decongestant) | Betadine for wound care |
| Pepto-Bismol | Chlor-trimeton (antihistamine) | Hydrogen Peroxide for wound care |
| Turns | Actifed (antihistamine and decongestant) | Neosporin for wound care |
| Kaopectate | Robitussin | Polysporin for wound care |
| Mylanta (liquid) | Gatorade | Hydrocortisone Ointment for allergic skin rash |
| | Benadryl | |

**AUTHORIZATION TO MEDICATE MINOR CAMPER OR STAFF MEMBER
Must be filled out if camper is bringing medication to camp**

I hereby request and authorize Health Care Personnel to administer the below-listed medication(s) to my child: _____

Please give complete information for each medication camper brings to camp. All medication must be in original container with prescription instructions in your child's name.

NAME OF MEDICATION	DOSAGE	FREQUENCY	WHAT IT IS FOR
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Signed _____
 (Parent or guardian)

Zona Camp reserves the right to use photos and videos taken during events/projects for promotional and recognition purposes. This could include publishing in newsletter, collateral materials and website and broadcast.

IMPORTANT! MUST BE COMPLETED FOR ATTENDANCE

PARENT'S AUTHORIZATION: I give _____ (child) permission to participate in all Zona Camp activities, July 8 – 13, 2012, under the direct supervision of sponsors of _____ Church. I understand that in the event medical treatment is required, every effort will be made to contact me. However, if I can't be reached, I give my permission that in the case of accident or medical emergency, my child _____ may be treated by a qualified physician selected by Conference Center personnel. I further agree to assume the obligation to pay doctor bills, telephone calls or any other expense relating to the emergency other than that paid by camp insurance. The camp insurance will pay as secondary insurance for medical care needed by campers who suffer bodily injury in accidents which occur at camp. No condition of illness other than accidental injury is covered by camp insurance.

Signed _____ Date _____
(Parent or guardian)

Medical Authorization and Release Agreement *Please use one form for each attendee**

As consideration for California Baptist University's permission to use its facilities and services: I knowingly and voluntarily release, acquit and forever discharge California Baptist University and their related persons from any and all charges, complaints, claims, liabilities, obligations, promises, agreements, controversies, damages, actions, causes of action, suits, rights, demands, costs, losses, debts, and expenses of any nature whatsoever, known or unknown, suspected or unsuspected, foreseen or unforeseen, matured or unmatured, which exist, have existed, or may arise from any matter whatsoever occurring, including, but not limited to, any claims arising out of or in any way related to my and my dependents' presence on the campus of California Baptist University which I or my dependents have or hereafter may have, own or hold against California Baptist University or their related persons.

In case of illness or injury, I hereby authorize emergency medical treatment for myself or my unaccompanied minor children (named below) and agree to assume full responsibility for any such treatment, including payment of costs and any claims arising from or associated with such medical treatment.

By executing this Release Agreement, I am waiving all my and my dependents' claims against California Baptist University and their related persons arising under common law or any federal, state or local laws of any state.

I understand that if my child is involved in Mission Life Experience they will be going off campus for up to 7 hours Monday - Thursday of camp. Zona Camp will provide transportation to and from the mission site.

Print Name

Date

Sign Name

Name of Unaccompanied Minor Child:

* Even if you are attending camp along with your child/children, there may be times when you and your child/children are attending separate activities; therefore it is important that we have a separate *Medical Authorization* for each of you in the event of a medical emergency.

CBU POLICIES
AND
CBU POLICY SIGNATURE PAGE

AQUATIC CENTER (POOL) POLICY

CALIFORNIA BAPTIST UNIVERSITY AQUATIC CENTER RULES

1. Guests must show appropriate identification (conference wrist band or name tag) to enter Aquatic Center.
2. One Adult Leader (18 years of age or older) for every ten campers. No leaders, no entry! Leaders must watch and control campers at all times. **RATIO OF ADULTS TO STUDENTS IS ONE TO TEN.**
3. Please check in with the lifeguard upon arrival. Introduce yourself and be available if needed.
4. Must obey all pool rules and lifeguards. Those failing to comply will be asked to leave.
5. No boisterous or rough play, running, hanging on lane lines, or diving in shallow end allowed.
6. See below for Aquatics Swimwear Policy. It will be strictly enforced.
7. Guests must provide own towels for personal use.
8. No pets, bikes, skateboards/scooters, glass containers, smoking or eating are allowed in the pool area. Chewing gum in the pool area is strictly prohibited.
9. Swimmers are not allowed to use flotation devices of ANY kind. (Water wings, life vests, floatable swim suits, rafts, inflatable boards, or kick boards, etc.) Flotation devices present a false sense of security!
10. Please dry off completely before re-entering the dormitory. Footwear and shirts must be worn to and from Aquatic Center.
11. Failure to abide by Aquatic Center rules or swimwear policy will result in loss of Aquatic Center privileges.

Swimwear dress code

- For Females swimwear must be a solid one-piece suit, covering cleavage, bust, and midriff areas. Thong, g-string and high French-cut styles are not acceptable. No two-piece suits allowed T-shirts are not to be worn over swimwear.
- For Males swimwear must be boxer style suits with at least a 5 inch inseam and nylon or mesh liner.
- Street clothes are not allowed in the pool.

DINING HALL POLICY

We're pleased to have you here on our beautiful campus. Some helpful information while dining in the Alumni Dining Commons (ADC):

- A wristband, valid meal plan card or individual payment is required to enter the ADC for meals.
- Wash your hands before you enter the ADC and use the hand sanitizer provided at stations in the ADC.
- You may eat as much as you would like at each scheduled meal; as long as you remain in the dining area.
- We ask that you only take as much as you can eat. If you would like smaller portions, feel free to ask.
- Please do not take any food, trays, dishes, glasses or silverware out of the dining area.
- Personal beverage containers are not permitted in the ADC. Please do not bring any water bottles or beverage containers into the ADC for refilling. If you want to take food, coffee or beverages with you, they are available for purchase in Wanda's Café.
- Please return your tray and dishes to the Dish Return located by the exit doors. Do not combine multiple trays or overload trays as it becomes too heavy for the machine and causes damage. Only one tray per dish rack please.
- Please use a clean plate or cup each time you get food or beverage. Never reuse your plate or cup as it can transfer bacteria to the food stations and utensils.
- Restrooms are located across the hall from the ADC. If you have already entered the ADC, then you must get a restroom pass from the cashier to use for re-entry to the ADC
- Special dietary needs should be communicated to the Zona office in advance of camp and can be handled on an individual basis.

It is an honor to serve you. Thank you for helping us keep the dining room beautiful for your return visits.

GAME ROOM POLICY

CALIFORNIA BAPTIST UNIVERSITY **GAME ROOM RULES**

1. Guests must show appropriate identification (conference wrist band or name tag) to enter game room.
2. Game room is for recreational activities only. All guests are expected to be courteous and respectful of others: no fighting or rough play, sitting on game tables, or inappropriate use of equipment and facilities.
3. Equipment is checked out on a first-come, first-served basis. If others are waiting to play, players must check-in game equipment at the end of the respective game – unless otherwise agreed upon by those waiting to play.
4. Game room equipment is checked out by leaving a form of collateral with the game room staff. Collateral is considered any item personally belonging to the individual, and of enough value to insure that he/she will return.
5. Individuals will be held responsible for costs associated with the repair and/or replacement of lost or damaged equipment.
6. Placing food, drink, and/or personal items (i.e. backpacks, jackets) on game room equipment is not permitted
7. Students and adult leaders are to obey all rules, staff and monitors at all times. Monitors may ask guests to leave at any time for inappropriate behavior.
8. Failure to abide by game room rules will result in loss of usage privileges.

GYM (WORSHIP CENTER) POLICY

CALIFORNIA BAPTIST UNIVERSITY **GYMNASIUM RULES**

1. Guests must show appropriate identification (conference wrist band or name tag) to enter gymnasium.
2. All guests are expected to be courteous and respectful of others: no fighting or rough play, hanging on rims or nets, or inappropriate use of equipment and facilities.
3. Food and gum are not allowed in the gym. Beverages are permitted in closed containers.
4. Students and adult leaders are to obey all rules, staff and monitors at all times. Monitors may ask guests to leave at any time for inappropriate behavior.
5. Failure to abide by gymnasium rules will result in loss of gym privileges.
6. Hard-soled shoes and high heels are not permitted on the court.

HEALTH POLICY

CALIFORNIA BAPTIST UNIVERSITY **HEALTH ADDENDUM**

In order to ensure the continued health of all conference guests, the following precautions are to be followed.

1. ALL GUESTS must wash hands before entering the Dining Commons, Wanda's Place, Game room, and gymnasium.
2. Guests are not to visit or enter the housing areas or use restroom facilities assigned to other conference groups.
3. The Client is obligated to immediately report to the university any guest illness involving diarrhea or vomiting.
4. In the event of such illness:
 - a. At the first sign of illness, client will inform the university and provide the name and housing location of the guest exhibiting the above named symptoms.
 - b. The guest will immediately be moved to an alternate housing location.
 - c. Client will make arrangements for the guest to return home.
 - d. If the guest is under 18 years of age, an adult chaperone of the same sex will be housed with the guest.
 - e. Guest and chaperone are not to visit any common areas, take part in any activities, come in contact with other guests, or use restroom facilities other than those in their newly assigned housing location.
 - f. Guest and chaperone will not visit dining commons. Meals will be brought to their housing location.
5. Failure on the part of the client to follow the above procedures will result in termination of the conference contract for the current and subsequent years. Client will make arrangements for the immediate departure of all guests. A final invoice will be prepared and full payment is expected upon departure.

Lost Keys Policy

Charges for lost keys are \$60 each.

All keys are considered lost if not returned by completion of check-out time.

Reimbursement is not made for lost key charges if keys are later returned.

Wanda's Place Policy

Wanda's Place is the University's café.

Students and leaders are welcome to visit Wanda's Place when it is open.

CBU requires adult supervision of those under 18.
The ratio shall not exceed 5 students to 1 adult.